

Administrative Determinants of Students' Sports Participation in Private and Public Secondary Schools in Kwara State, Nigeria

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Abstract : Participation in sports is of immense benefit to the soundness of individual mental and social wellness, particularly among youngsters. The 1980's and 1990's compared to 2000's witnessed great involvement of youngsters in school games arising from the high administrative supports attached to sports. Previous studies in an attempt to increase youngster's participation in sports had focused more on other factors rather than on administrative factors. This study, therefore, investigated the importance of administrative factors (availability of facilities, availability of equipment, funding, scheduling of sports programme and administrative style of school principals) on students' sports participation in private and public secondary schools in Kwara State, Nigeria. Descriptive survey research design using validated and structured questionnaire, was adopted. Stratified random sampling technique was used to pick the students both male and female. A total of two thousand five hundred and sixty participants were involved in the study. A reliable coefficient of $r=0.82$ was obtained for the instruments using Cronbach Alpha. Data were analyzed using multiple regressions to test the hypotheses at 0.05 significant levels. At the end of the study, it was discovered that the relative contributions of administrative factors among the students were: availability of facilities ($\beta=0.314$), availability of equipment ($\beta=0.444$), funding ($\beta=0.301$), scheduling of sports programme ($\beta=0.447$), made relative contributions to the dependent variable, administrative style of school principal ($\beta=0.077$) did not make significant but minimal contribution to the student's sports participation.

Keywords : administrative determinants, secondary school students, physical activity, sports participation

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