

## The Socio Demographic Correlates of Post-Traumatic Stress Disorder among Youth Undergoing Domestic Violence in Kenya

**Authors :** Muchiri Josephine, Qdero Agnes

**Abstract :** The current study was conducted during the coronavirus pandemic (COVID-19) period, soon after the lifting of the lockdown measures and schools had just re-opened. It investigated the sociodemographic correlates of Post-Traumatic Stress Disorder (PTSD) among adolescents (13-18 years) who had undergone domestic violence (DV) in Kajiado County, Kenya. The adolescents were administered a sociodemographic questionnaire to ascertain the forms of domestic violence experienced, and those who met the criteria were assessed for the presence of PTSD using the Harvard Trauma Questionnaire (HTQ). Overall, 93(90.3%) had experienced domestic violence, and 57(61.3%) had PTSD; where the severity and prevalence of PTSD increased with increased age, and it also increased significantly among those in higher academic levels, indicating that PTSD prevalence was chronic and additionally influenced by increased academic pressure. Social connections seemed to mitigate PTSD prevalence, whereas, regarding the family background, those living with guardians seemed to have more severe PTSD.

**Keywords :** age, education level, gender, post-traumatic stress disorder

**Conference Title :** ICPPW 2024 : International Conference on Positive Psychology and Wellbeing

**Conference Location :** Vancouver, Canada

**Conference Dates :** May 20-21, 2024