Music in the Early Stages of Life: Considerations from Working with Groups of Mothers and Babies

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Abstract : This paper discusses the role of music as a ludic activity and constituent element of voice in the construction and consolidation of the relationship of the baby and his/her mother or caretaker, evaluating its implications in his/her psychic structure and constitution as a subject. The work was based on the research developed as part of the author's doctoral activities carried out from her insertion in a project of the Music Department of Federal University of Rio Grande do Sul-UFRGS, which objective was the development of musical activities with groups of babies from 0 to 24 months old and their caretakers. Observations, video recordings of the meetings, audio testemonies, and evaluation tools applied to group participants were used as instruments for this research. Information was collected on the participation of 195 babies, among which 8 were more focused on through interviews with their mothers or caretakers. These interviews were analyzed based on the referential of French Discourse Analysis, Psychoanalysis, Psychology of Development and Musical Education. The results of the research were complemented by other posterior experiences that the author developed with similar groups, in a context of a private clinic. The information collected allowed the observation of the ludic and structural functions of musical activities, when developed in a structured environment, as well as the importance of the musicality of the mother's voice to the psychical structuring of the baby, allowing his/her insertion in the language and his/her constitution as a subject.

Keywords: music and babies, maternal voice, Psychoanalysis and music, psychology and music

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