

## Acupuncture and Topiramate in Treatment of Migraine

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**Abstract :** The greatest advantage of acupuncture over western medicine is that it is safe . Unlike synthetic drugs, acupuncture has virtually no side effects, and the procedures for treating headaches are much less invasive. Migraine headaches are usually one-sided, pulsating or throbbing, and moderate or severe in intensity.. Some patients also experience auras, a neurological symptom that develops gradually over 5-20 minutes. The patient may see brief flashes or waves of light, or changes in their vision. Other common features of auras include vertigo, imbalance, confusion and numbness. Acupuncture had been used to treat 50 patients suffering from migraine ,topiramate (topamax) given to prevent the attacks, duration of treatment is 10 weeks , the patients were followed up for one year .Topiramate is called an anticonvulsant.Topiramate is also used to prevent migraine headaches in adults and teenagers who are at least 12 years old. This medicine will only prevent migraine headaches or reduce the number of attacks. It will not treat a headache that has already begun.

**Keywords :** acupuncture, migraine, topiramate, headache

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