

## Impact of Architecture to Well-being and Health

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**Abstract :** This paper is intended to examine how architecture influences its occupants and how is what we design and build be used by its inhabitants. It also reviews the effect of Architecture to our convenience. According to history of architecture, this issue has materialized in various methods with control of space, through philosophy of experience with social and cultural influences and through art. What these all share in common is the area of strategies, when used from an architectural point of view, are thoughtful in nature. We thought of how architecture influences us, and thereafter we provide recommendation. As humans, we are encouraged to develop our houses to suit our living regarding to health, and it is the desire of every good architect to provide houses that will encourage comfort. We have acquired understanding from questions with rational point of views on the impact of Architecture to our health. As a result, this paper will certainly reinforce the requirement for architects to design a structure that will certainly urge the social and cultural convenience of the environment. To accomplish the goals of this study, experts in the discipline of architecture and wellness were interviewed, and information was originated from journals, publications and textbooks associated to architecture in order to establish the influence of architecture to our wellness.

**Keywords :** architecture, well-being, health, impact, environment

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