

## Period Poverty: An Analysis of Sustainable Solutions to a Global Problem

**Authors :** Antonella Regueiro Fernandez

**Abstract :** This paper examines the issue of period poverty and the innovative approaches - or lack thereof - that national systems are using to tackle the issue. Through a systems-thinking and economical approach, the paper analyzes the intricate relationship between proper systemic change and sustainable innovations for this global problem. The first part of the research introduces period poverty and the lack of sustainable options currently in place to resolve the issue. The second part delves into a comparison of existing technologies - single-use and reusable period products -- and their benefits and deficiencies. It also provides a comparison of two countries and their existing solutions landscape (Scotland and the United States), arguing that while Scotland has provided an innovative national solution to the problem, it still lacks a proper assessment of the issue of sustainability, while the United States continues to lag in offering any holistic solution at all. The last part provides a conclusion to the research and affirms the importance of holistic policymaking approaches to issues of period poverty, which have the potential to truly benefit half of the world's population while also encouraging environmental preservation.

**Keywords :** gender equity, sustainability, period poverty, SDGs, sustainable development

**Conference Title :** ICPESD 2023 : International Conference on Peace Education and Sustainable Development

**Conference Location :** New York, United States

**Conference Dates :** November 06-07, 2023