

## **Impact of Self-Efficacy, Resilience, and Social Support on Vicarious Trauma among Clinical Psychologists, Counselors, and Teachers of Special Schools**

**Authors :** Hamna Hamid, Kashmala Zaman

**Abstract :** The aim of this study was to evaluate the relationship between self-efficacy, resilience, and social support among clinical psychologists, counselors, and teachers of special schools. The study also assesses the gender differences in self-efficacy, resilience, social support, and vicarious trauma and also vicarious trauma differences among three professions, i.e., clinical psychologists, counselors, and teachers of special schools. A sample of 150 women and 97 men were handed out a set questionnaire to complete: a General Self-Efficacy Scale, Brief Resilience Scale, Multidimensional Scale of Perceived Social Support, and Vicarious Trauma Scale. Results showed that there is a significant negative correlation between self-efficacy, resilience, and vicarious trauma. Women experience higher levels of vicarious trauma as compared to men. At the same time, clinical psychologists and counselors experience higher levels of vicarious trauma as compared to teachers of special schools. The moderation effect of social support is not significant towards resilience and vicarious trauma.

**Keywords :** self-efficacy, resilience, vicarious-trauma social-support, social support

**Conference Title :** ICP 2023 : International Conference on Psychology

**Conference Location :** Venice, Italy

**Conference Dates :** August 10-11, 2023