

Social Appearance Anxiety, Body Dissatisfaction, and Disordered Eating Behavior among Cancer Survivors

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Abstract : In the wake of social development, humans overlook the ideal physical appearance, and there is an increasing trend of criticising other's bodies or offering tips to hide imperfections. Social appearance anxiety demonstrates the association with body dissatisfaction and disordered eating behavior. In this study, we examined the hypothesis that social appearance anxiety, body dissatisfaction, and disordered eating behavior would predict the relation between each among cancer survivors. It was observed that implicit belief to be thin was more pronounced in people with low body dissatisfaction than those with high body dissatisfaction. Results of the study indicated that overall body dissatisfaction and social appearance anxiety were correlated with disordered eating behavior for both men and women cancer survivors of all ages.

Keywords : social appearance anxiety, body dissatisfaction, disordered eating behavior, cancer survivors

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