

Assessing Secondary School Curricula in the light of Developing Quality of Life Standards of High School Students

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Abstract : This study assessed the curricula of secondary schools given requirements to enhance the quality of life of students. The components of quality of life were described to build a list of standards and indicators. A questionnaire assessing the dimensions of mental (cognitive and emotional), physical, digital, and social health, and environmental awareness was prepared. A descriptive-analytical approach was used on a sample of 258 teachers and educational supervisors in Tabuk. The results indicated shortcomings in the secondary school curricula regarding developing standards and indicators of components of quality of life. Results also indicated that secondary school curricula incorporated few practices to improve student's quality of life. No significant differences were found regarding the core subject, job, gender, and years of experience.

Keywords : assessing curricula, teacher practices, quality of life, teaching practices

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