

The Effects of Parents' Personality Traits and Family Variables on Aggressive Behavior in Children from the State of Kuwait

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Abstract : This study explores the effects of parents' personality and family variables on aggressive behavior in children from the State of Kuwait. The sample of 117 children aged between 6 and 10 years ($M=7.79$ years, $SD=1.4$ years), 117 fathers, and 117 mothers from Kuwait. The following tools were used: a) the Aggressive Behavior Scale for Children (ABSC), b) the Personality Scales Inventory (PSI), and c) the Family Climate Scale (FCS). The results show that there were significant differences between children with highly aggressive behavior and those with low aggressive behavior for most of the personality traits of the father and mother, as well as most of the family climate and its different dimensions according to the father's knowledge and the mother's knowledge. Furthermore, there was a significant difference between males and females in the total score of aggressive behavior, verbal aggression, physical aggression, self-aggression, and aggression toward others, with higher scores occurring among males. Most of the correlations of the children's aggressive behavior were with the personality traits of the father. The personality traits of the mother, family climate, and most of its different dimensions according to the father's and mother's knowledge had significant negative correlations with the child's aggression. There was no effect of the mother's and father's education levels on their child's aggressive behavior. There was a significant difference between normal families and separated families in the total score of aggressive behavior, verbal aggression, and self-aggression, with a higher score occurring among separated families, and there was no significant difference between the two groups in physical aggression and aggression towards others.

Keywords : aggressive behavior, personality traits of parents, family variables, parents

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