

Traditional Chinese Medicine Treatment for Coronary Heart Disease: a Meta-Analysis

Authors : Yuxi Wang, Xuan Gao

Abstract : Traditional Chinese medicine has been used in the treatment of coronary heart disease (CHD) for centuries, and in recent years, the research data on the efficacy of traditional Chinese medicine through clinical trials has gradually increased to explore its real efficacy and internal pharmacology. However, due to the complexity of traditional Chinese medicine prescriptions, the efficacy of each component is difficult to clarify, and pharmacological research is challenging. This study aims to systematically review and clarify the clinical efficacy of traditional Chinese medicine in the treatment of coronary heart disease through a meta-analysis. Based on PubMed, CNKI database, Wanfang data, and other databases, eleven randomized controlled trials and 1091 CHD subjects were included. Two researchers conducted a systematic review of the papers and conducted a meta-analysis supporting the positive therapeutic effect of traditional Chinese medicine in the treatment of CHD.

Keywords : coronary heart disease, Chinese medicine, treatment, meta-analysis

Conference Title : ICCCMR 2022 : International Conference on Cardiology and Cardiovascular Medicine Research

Conference Location : Dubai, United Arab Emirates

Conference Dates : December 20-21, 2022