

Auricular-Magnet Therapy for Treating Diabetes Mellitus, Food Craving, Insomnia, Nausea and Bell's Palsy

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Abstract : Auricular-magnet therapy is the development of auricular acupuncture. It is a powerful, convenient, and quick result-achieving therapeutic method. This therapy works by using magnetic discs to be placed on acupuncture points on the ears to treat diseases and improve health. In this study, the fundamental principles, indications, and contraindications of this therapy are discussed. Five examples, including reducing blood glucose levels, healing gangrene for diabetes patients, and treating Bell's palsy, are presented. Auricular-magnet therapy is a powerful development in acupuncture.

Keywords : auricular-magnet therapy, Bell's palsy, diabetes mellitus, food craving, insomnia, nausea, obesity

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