

## Transformative Learning and the Development of Cultural Humility in Social Work Students

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**Abstract :** Cultural humility is increasingly important in social work literature, given its emphasis on mitigating power imbalances in helping relationships, particularly across cultural differences. Consequently, there is a need to understand whether and how cultural humility can be taught in social work education. Relying on ethnographic observations and reflective journals from a cultural immersion program, this study identified the learning process required to develop cultural humility: confusion and discomfort, re-moulding, and humility in action.

**Keywords :** social work education, cultural humility, transformative learning theory, study abroad, ethnographic observations

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