

## Research on Integrating Adult Learning and Practice into Long-Term Care Education

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**Abstract :** For universities offering long-term care education, the inclusion of adulting learning and practices in professional courses as appropriate based on holistic design and evaluation could improve talent empowerment by leveraging social capital. Moreover, it could make the courses and materials used in long-term care education responsive to real-life needs. A mixed research method was used in the research design. A quantitative study was also conducted using a questionnaire survey, and the data were analyzed by SPSS 22.0 Chinese version. The qualitative data included students' learning files (learning reflection notes, course reports, and experience records).

**Keywords :** adult learning, community empowerment, social capital, mixed research

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