

The Control of Type 2 Diabetes with Specific References to Dietary Factors

Authors : Reham Algheshairy

Abstract : The purpose of this research study is to identify the beneficial effects of Nigella sativa seeds, cherries and Ajwah dates on blood glucose levels among people with type 2 diabetes in the KSA population and healthy people in the UK. My hypothesis questions whether or not people with type 2 diabetes can lead a healthier life using these dietary supplements.

Keywords : diabetes type 2, cherry, nigella seeds, Ajwa date

Conference Title : ICDM 2015 : International Conference on Diabetes and Metabolism

Conference Location : London, United Kingdom

Conference Dates : February 16-17, 2015