

## Use of Serum Creatinine as an Incentive to Increase Prep Uptake Among Key Population Groups in South-South Nigeria

**Authors :** Akhigbe Mark, Abang Roger, Mwoltu Nanaribet, Edet Blessing

**Abstract :** Introduction.: The introduction of pre- exposure prophylaxis (PrEP) as a biomedical prevention method for HIV/AIDS has been around for more than a decade since the first confirmed evidence of its effectiveness when used daily as an oral pill. It is now a very valuable addition for people who are at higher risk of contracting HIV. Although global acceptance of PrEP has increased, PrEP is still highly concentrated in a small number of countries and within a small sub-population, with Kenya and South Africa accounting for only 19% of people who have received PrEP in Africa region, there is still a significant region gap in PrEP availability and use, with only 28% of the target of 3 million in low-and middle countries currently using PrEP. Description: The purpose of this study is to find out if serum creatinine could be used as an incentive to improve PrEP uptake among Key population. Numerous approaches to increasing the uptake of PrEP as a prevention mechanism for HIV in KPs has been employed, and one of them is serum creatinine. This approach is a biomarker of renal function, which was used in study as an incentive to increase PrEP uptake among key population groups (female sex workers, men who have sex with men, persons who inject drugs, transgender) in 3 states from South-South Nigeria. Whole blood samples are collected from clients, analysis of the samples is done using the clinical chemistry analyzer before they are initiated onto PrEP. Lessons learned and Recommendations: Secondary data was extracted from 3 states of HALG Implementing facilities in Southern part of Nigeria, PrEP uptake before and after the introduction of serum creatinine between March 2020 and August 2020 among key populations in Nigeria. A total of 5664 patients were initiated on PrEP before, and after the introduction of serum creatinine, the PrEP uptake rate before (March 2020 to May 2020) introduction of serum creatinine accounted for only 5% of the total onset, and after (June 2020 to August 2020) introduction of serum creatinine, the uptake rate accounted for 95% of the total onset. These findings show that increased uptake of PrEP before/after serum creatinine indicates that serum creatinine may be an effective stimulus for promoting PrEP in key populations.

**Keywords :** serum creatinine, incentives, PrEP, key populations, Nigeria

**Conference Title :** ICHA 2022 : International Conference on HIV and AIDS

**Conference Location :** Baku, Azerbaijan

**Conference Dates :** October 06-07, 2022