

## **Predicting the Relationship Between Childhood Trauma on the Formation of Defense Mechanisms with the Mediating Role of Object Relations in Traders**

**Authors :** Ahmadreza Jabalameli, Mohammad Ebrahimpour Borujeni

**Abstract :** According to psychodynamic theories, the major personality structure of individuals is formed in the first years of life. Trauma is an inseparable and undeniable part of everyone's life and they inevitably struggle with many traumas that can have a very significant impact on their lives. The present study deals with the relationship between childhood trauma on the formation of defense mechanisms and the role of object relations. The present descriptive study is a correlation with structural equation modeling (SEM). Sample selection is available and consists of 200 knowledgeable traders in Jabalameli Information Technology Company. The results indicate that the experience of childhood trauma with a demographic moderating effect, through the mediating role of object relations can lead to vulnerability to ego reality functionality and immature and psychically disturbed defense mechanisms. In this regard, there is a significant negative relationship between childhood trauma and object relations with mature defense mechanisms.

**Keywords :** childhood trauma, defense mechanisms, object relations, trade

**Conference Title :** ICCP 2022 : International Conference on Clinical Psychology

**Conference Location :** Istanbul, Türkiye

**Conference Dates :** April 21-22, 2022