

Traditional Uses of Medicinal Plants in Albania: Historical and Theoretical Considerations

Authors : Ani Bajrami

Abstract : The birth of traditional medicine is related to plant diversity in a region, and the knowledge regarding them has been used and culturally transmitted over generations by members of a certain society. In this context, Traditional Ecological Knowledge (TEK) concerning the use of plants for medicinal purposes had survival value and was adaptive for people living in different habitats around the world. Albanian flora has a high considerably number of medicinal plants, and they have been extensively used albeit expressed in folk medicinal knowledge and practices. Over the past decades, a number of ethnobotanical studies and extensive fieldwork has been conducted in Albania both by local and foreign scientists. In addition, ethnobotany is experiencing a theoretical and conceptual diversification. This article is a historical review of ethnobotanical studies conducted in Albania after the Second World War and provides theoretical considerations on how these studies should be conducted in the future.

Keywords : medicinal plants, traditional ecological knowledge, historical ethnobotany, theory, albania

Conference Title : ICBE 2022 : International Conference on Biodiversity, Ecosystems and Environment

Conference Location : Paris, France

Conference Dates : August 30-31, 2022