

## Awareness About Breast Cancer in Young Pakistani Women

**Authors :** Marshal Rashid

**Abstract :** In Pakistan, one in nine women develops breast cancer at some stage of their lives. Every year thousands of females lose their lives due to lack of awareness, several women do not share their health issues with others and are shy to go for any kind of breast examination. An inductive approach was used to analyze the data which resulted in the emergence of eight subthemes under the umbrella of three major themes that delineate individual, socio-cultural and structural barriers to seek screening and treatment of breast cancer in Pakistan. Individual barriers included lack of awareness, hesitance in accepting social support, and spiritual healing. The identified socio-cultural factors included feminine sensitivity, stigmatization, and aversion to male doctors.

**Keywords :** breast, cancer, women, Pakistan

**Conference Title :** ICBMBC 2021 : International Conference on Biology and Medicine of Breast Cancer

**Conference Location :** New York, United States

**Conference Dates :** December 09-10, 2021