

## Motivational Interviewing as a Framework for Coaching Physicians through ACGME Milestones

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**Abstract :** The Accreditation Council for Graduate Medical Education (ACGME) in the U.S. has established core competencies and milestones for family physicians in residency training programs. These competencies are intended to guide preceptors as they work with physician trainees toward independent practice. This conceptual paper describes a framework for coaching trainees toward these milestones using motivational interviewing as an evidence-based approach. The main objective of applying the motivational interviewing framework to the residency training setting is to facilitate clinical behavior change that meets higher level competencies/rubric. This is a work in progress and there is no manuscript/paper prepared to date. A conceptual paper/framework will be completed by the conference deadline. This is based on a separate but related development of work we have completed and published elsewhere.

**Keywords :** coaching, motivational interviewing, physicians, competencies

**Conference Title :** ICPPC 2022 : International Conference on Positive Psychology and Coaching

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