Research on Emotional Healing Street Furniture under the Background of Urban Micro-Renewal

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Abstract: With the COVID-19 pandemic spreading worldwide, people are facing more significant mental pressure. The government and social groups are sparing no effort to find ways to heal people’s emotions and return to normal life. Therefore, research on emotional healing has urgency and practical significance. From the perspective of urban planning, street furniture has the potential to become “emotional healing touchpoints.” This study first analyzed the suitable places for adding emotional healing street furniture in the background of urban micro-renewal and combined the fifteen-minute living circle, the leftover space, and urban acupuncture theories, then used the 5W analysis method to show the main characteristics of emotionally healing street furniture. Finally, the research discovers four design strategies, which can be summarized as: A. Exploring the renewal potential of the leftover space; B. Integrating with local culture and the surrounding environment; C. Discovering quick and straightforward ways of interaction; D. Finding a delicate balance between artistry and functionality. Then, the author takes one emotional healing street furniture located on Chifeng Road as an example to show the design strategies vividly.

Keywords: emotional healing, street furniture, urban micro-renewal, urban acupuncture

Conference Title: ICSF 2021: International Conference on Street Furniture

Conference Location: Amsterdam, Netherlands

Conference Dates: November 04-05, 2021