

The Phenomenon of Suicide in the Social Consciousness: Recommendations for the Educational Strategy of the Society and Prevention of Suicide

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Abstract : Suicide is a phenomenon that worries both the public and scientists in various fields. In society, suicide is a taboo subject, and in addition, there are many myths and stereotypes that are detrimental to the proper understanding and appropriate response of a person at risk of suicide. It is necessary to educate society and the suicide prevention system for various age groups. The research covers the level of knowledge and views of Polish society, including teachers and youth, regarding suicides. The main research problem is to establish the level of awareness of Polish society about the phenomenon of suicides. The study will be based on the diagnostic survey method, using the survey technique. Information about the research will be disseminated electronically on the Internet via social messaging. The collected data will be analyzed using appropriate statistics. On the basis of the obtained results, answers will be given to research questions, which will become the basis for designing an appropriate educational strategy for the society in the field of suicide and developing recommendations and recommendations for teachers to conduct classes in the field of suicide prevention for children and adolescents.

Keywords : phenomenon of suicides, suicide, suicide prevention, suicidology

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