World Academy of Science, Engineering and Technology International Journal of Psychological and Behavioral Sciences Vol:8, No:09, 2014

Anthropometric Profile and Its Influence on the Vital Signs of Baja California College Students

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Abstract: An anthropometric study applied to 1,115 students of the Faculty of Chemical Sciences and Engineering of the Autonomous University of California. Thirteen individual measurements were taken in a sitting position. The results obtained allow forming a reliable anthropometric database for statistical studies and analysis and inferences of specific distributions, so the opinion of experts in occupational medicine recommendations may emit to reduce risks resulting in an alteration of the vital signs during the execution of their school activities. Another use of these analyses is to use them as a reliable reference for future deeper research, to the design of spaces, tools, utensils, workstations, with anthropometric dimensions and ergonomic characteristics suitable to use.

Keywords: anthropometry, vital signs, students, medicine

Conference Title: ICCPBS 2014: International Conference on Cognitive, Psychological and Behavioral Sciences

Conference Location: Paris, France Conference Dates: September 22-23, 2014