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Health and Wellbeing: Measuring and Mapping Diversity in India

Authors: Swati Rajput

Abstract : Wellbeing is a multifaceted concept. Its definition has evolved to become more holistic over the years. The paper attempts to build up the understanding of the concept of wellbeing and marks the trajectory of its conceptual evolution. The paper will also elaborate and analyse various indicators of socio-economic wellbeing in India at state level. Ranking method has been applied to assess the situation of each state in context to the variable selected and wellbeing as a whole. Maps have been used to depict and illustrate the same. The data shows that the socio-economic wellbeing level is higher in states of Himachal Pradesh, Jammu and Kashmir, Punjab, Uttrakhand, Uttar Pradesh, Tamil Nadu, Bihar, and Lakshadweep. The level of wellbeing is very lower in Rajasthan, Madhya Pradesh, Telengana, Andhra Pradesh, Odisha, Assam, Arunachal Pradesh, and Tripura. Environment plays an important role in maintaining health. Environment and health are important indicators of wellbeing. The paper would further analyse some indicators of environment and health and find the change in the result of wellbeing levels of different states.

Keywords: socio economic factors, wellbeing index, health, mapping

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