

Effect of Community Education and Early Intervention and Rehabilitation in Minimising the Impact on Mental Illness

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Abstract : Health is a state of complete physical, mental, and social wellbeing and not merely the absence of disease or infirmity. Society's attitude to mental health and primary prevention is the key instrument in a better understanding of the mental illness. This paper attempted to investigate the effect of community education and early intervention and rehabilitation in minimizing the impact of mental illness. The study involved 50 adolescents who were randomly selected and assigned to two groups, the control and the experimental. Subjects in the experimental group were exposed to treatment, while those in the control group were not. The subject exposed to treatment had an increased understanding of what mental illness is. Those with mental illness were better understood, less feared, less discriminated against, and tertiary prevention strategies were reported to minimize the impact of mental illness when it occurs

Keywords : community, health, improve, status

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