

The Relationship among Attachment Styles, Humor Styles and Communication Patterns in Female Married Students

Authors : Elham Fathi, Seyed Mohammad Kalantarkousheh, Abolfazl Hatami Varzane

Abstract : The present study aimed to determine predict capacity of the relationship among attachment styles, humor styles and communication patterns in female married students. Statistical population consisted of female married students from Allameh Tabataba'i University. The research sample consisted of 104 married students selected through convenience sampling. They responded to study instruments that consisted of attachment styles, humor styles and Communication patterns questionnaires. Data was analyzed by means of correlation method. The results indicated significant positive relationship between secure attachment styles with adaptive humor styles, and anxious attachment styles with maladaptive humor styles. Also a negative relationship between avoidant attachment with affiliative humor, and anxious attachment with self-enhancing humor was found. Furthermore, a negative relationship between self- enhancing humor styles with demand - withdraw communication pattern, and between affiliative humor with mutual avoidant communication pattern and a positive relationship between affiliative humor with mutual constructive communication pattern was observed. The relationship between secure attachment with mutual constructive communication pattern was positive, while relationship between avoidant attachment to mutual constructive communication pattern was negative and significant and its relation with mutual avoidant communication pattern was significantly positive. The result of regression analysis indicated that affiliative humor style and secure attachment style, positively predicted mutual constructive communication pattern. Avoidant attachment style positively and affiliative humor style negatively predicted the mutual avoidant communication pattern. And self-enhancing humor style negatively predicted the demand - withdraw communication pattern style.

Keywords : attachment styles, communication patterns, humor styles, female married students

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