

## **Integrative Review: Impact of Transitional Care on Self-Management of Chronic Conditions in Un/Underinsured Populations**

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**Abstract :** Chronic conditions account for the majority of total health care spending both in the United States and globally. Encouraging self-management to improve chronic conditions, which in turn could decrease the strain placed on hospitals, requires resources to address the patient's social concerns in addition to their medical concerns. Transitional care has been identified as a possible bridge between acutely managing conditions at the hospital to chronically managing conditions in a community setting. The aim of this integrative review was to examine the impact of transitional care on self-management outcomes of chronic conditions in un/underinsured populations. Both transitional care, by assisting with resources such as funding sources for healthcare and medications or identifying a healthcare provider for continued care, and self-management, by increasing responsibility for one's care through goal setting and taking action, can impact health outcomes while providing health care cost-savings.

**Keywords :** chronic conditions, self-management, transitional care, uninsured

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