

Examining Employers' Health Responsibility

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Abstract : In this study the importance of maintaining the mental and physical health of employees was examined from the perspective of the employers. To this end companies in Hajdú-Bihar county of Hungary that are within in the TOP 100 based on their net revenue were interviewed. Economic sectors that were represented the most in this survey were processing, services, trade, agriculture, and construction. We examined whether or not companies provided any benefits to their employees concerning health awareness. Among respondents those who offered various services of medical specialists and/or discounted gym or swim passes in addition to compulsory medical examinations were hard to find, however more employers organize health and sports days. Nevertheless, a significant albeit very shallow positive correlation were found between the number of offered benefits vs. total gross income and vs. number of employees ($r^2=0.2555$, $p<0.001$ and $r^2=0.1196$ and $p<0.05$, respectively). In conclusion, while workplace health promotion is necessary it requires a change in employers' attitudes.

Keywords : corporate health promotion, employees, employers, health

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