

## Case Study of Obstructive Sleep Apnea and Methods of Treatment for a Professional Driver

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**Abstract :** This study evaluates obstructive sleep apnea treatment through a case study involving a 67-year-old male driver who had a successful continuous positive airway pressure (CPAP) treatment at home but experienced difficulties with traveling and dental care. There are many cheap sleep apnea and snoring devices available, but there is little professional advice on what kind of devices can help. Professional drivers receive yearly specialized medical care follow-up.

**Keywords :** sleep, apnea patient, CPAP, professional driver

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