

A Correlational Study between Parentification and Memory Retention among Parentified Female Adolescents: A Neurocognitive Perspective on Parentification

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Abstract : Parentification occurs when children are expected to provide instrumental or emotional caregiving within the family. It was found that parentification has the latter effect on adolescents' cognitive and emotional vulnerability. Attachment theory helps clarify the process of parentification as it involves the relationship between the child and the parent. Carandang theory of "taga-salo" helps explain parentification in the Philippines setting. The present study examined the potential risk of parentification on adolescent's memory retention by hypothesizing that there is a correlation between the two. The research was conducted with 249 female adolescents ages 12-24, residing in Valenzuela City. Results indicated that there is a significant inverse correlation between parentification and memory retention.

Keywords : memory retention, neurocognitive, parentification, stress

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