World Academy of Science, Engineering and Technology
International Journal of Psychological and Behavioral Sciences
Vol:9, No:05, 2015

Mode of Suicide and Alcohol Use Pattern among Female Commercial Sex Workers

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Abstract : The purpose of this study was to explore the pattern of alcohol use, mode of suicide and extent of depression among 150 female commercial sex workers (CSWs) in Bangalore, India. After going through a short detoxification programme of two weeks, Karma yoga principles of Shrimad Bhagavad Gita were used as a tool for cognitive behavioural therapy (CBT) for a period of four weeks to maintain abstinence and help with their depression. A six month follow up indicated that they had maintained abstinence over that period and had not attempted suicide, either.

Keywords : alcohol dependence, depression, commercial sex workers, suicide
Conference Title : ICPPNBCS 2015 : International Conference on Psychology, Psychiatry, Neurological, Behavioral and Cognitive Sciences
Conference Location : Berlin, Germany
Conference Dates : May 21-22, 2015

Open Science Index, Psychological and Behavioral Sciences Vol:9, No:05, 2015 publications.waset.org/abstracts/28186/pdf